

### **PARTNERS OF SEX ADDICTS**

FACING HEARTBREAK: by Stephanie Carnes, Mari Lee, and Anthony Rodriguez

MENDING A SHATTERED HEART: A guide for partners of sex addicts Gentle Path Press

ALLIES IN HEALING: When the person you love was sexually abused as a child by Laura Davis

THE BETRAYAL BOND: Breaking free of exploitive relationships by Patrick Carnes

AFTER THE AFFAIR: Healing the pain and rebuilding trust when a partner has been unfaithful by Janis Abrahms Spring

YOUR SEXUALLY ADDICTED SPOUSE: How partners can cope and heal by Barbara Steffens and Marsha Means

INTIMATE TREASON: Healing the trauma for partners confronting sex addiction by Claudia Black and Cara Tripodi

DECEIVED: Facing Sexual betrayal, Lies and Secrets by Claudia Black

### **HEALTHY SEX AND RELATIONSHIP BOOKS**

PASSIONATE MARRIAGE: Sex, love and intimacy in emotionally committed relationships by David Schnarch

THE ELUSIVE ORGASM: Igniting hot, healthy sex while in recovery from sex addiction by Alexandra Katehakis

MATING IN CAPTIVITY: Unlocking erotic intelligence by Esther Perel

HOLD ME TIGHT: Seven conversations for a lifetime of love by Sue Johnson

THE 5 LOVE LANGUAGES: The secret to love that lasts by Gary Chapman

### **HEALTHY BOUNDARIES**

BOUNDARIES WHERE YOU END AND I BEGIN by Anne Katherine

BOUNDARIES IN MARRIAGE by Henry Cloud and John Townsend

BOUNDARIES IN MARRIAGE WORKBOOK by Henry Cloud and John Townsend

BEYOND CODEPENDENCY: And getting better all the time by Melody Beattie

FACING CODEPENDENCY: What it is, where it comes from, and how it sabotages our lives by Pia Mellody

### **TRAUMA IN RELATIONSHIPS**

THE WIZARD OF OZ AND OTHER NARCISSTS by Eleanor Payson

WAKING THE TIGER: HEALING TRAUMA: The innate capacity to transform overwhelming experiences by Peter A. Levine

STOP WALKING ON EGGSHELLS: Taking your life back when someone you care about has borderline personality disorder by Pal Mason and Randi Kreger

YOU DON'T HAVE TO TAKE IT ANYMORE: Turn your resentful, angry or emotionally abusive relationship into a compassionate loving one by Steven Stosny

AFTER THE AFFAIR: Healing the pain and rebuilding trust when a partner has been unfaithful by Janis Abrahms Spring

HOW CAN I FORGIVE YOU? The courage to forgive, the freedom not to by Janis Abrahms Spring

### **DEPRESSION AND SHAME**

I DON'T WANT TO TALK ABOUT IT; Overcoming the secret legacy of male depression by Terrence Real

SILENTLY SEDUCED: When parents make their children partners by Kenneth Adams

THE BETRAYAL BOND: Breaking free of exploitive relationships by Patrick Carnes

HEALING THE SHAME THAT BINDS YOU by John Bradshaw

### **ADDICTION TO SEX FOR MEN**

DON'T CALL IT LOVE: Recovery from sexual addiction by Patrick Carnes

OUT OF THE SHADOWS: Understanding sexual addiction by Patrick Carnes

FACING THE SHADOW: starting sexual and relationship recovery by Patrick Carnes

CRUISE CONTROL: Understanding sex addiction in gay men by Robert Weiss

UNTANGLING THE WEB: Sex, porn and fantasy obsession in the internet age by Weiss and Schneider

### **ADDICTION TO SEX FOR WOMEN**

READY TO HEAL: SECOND EDITION by Kelly McDaniel

LUST, ANGER, LOVE: Understanding sexual addiction and the road to healthy intimacy by Maureen Canning

WOMEN, SEX, AND ADDICITON: A search for love and power by Charlotte Kasl

### **ADDICTION TO LOVE AND RELATIONSHIPS**

ADDICTION TO LOVE: Overcoming obsession and dependency in relationships by Susan Peabody

FACING LOVE ADDICTION: Giving yourself the power to change the way you love by Pia Mellody, Andrea Wells Miller, J. Keith Miller

THE NEW CODEPENDENCY: Help and Guidance for today's generation by Melody Beattie

### **SEXUAL ABUSE**

THE SEXUAL HEALING JOURNEY: A guide for survivors of sexual abuse (revised) by Wendy Maltz

THE COURAGE TO HEAL WORKBOOK: A guide for women and men survivors of child sexual abuse by Laura Davis

WHEN I SAY NO, I FEEL GUILTY by Manual J. Smith

VICTIMS NO LONGER: The classic guide for men recovering from sexual child abuse by Mike Lew

### **ATTENTION DEFICIT AND AUTISM SPECTRUM**

DRIVEN TO DISTRACTION: Recognizing and coping with A.D.D. by Edward Hallowell and John Ratey

IS IT YOU, ME OR ADULT A.D.D.? Stopping the roller coaster by Gina Pera

WOMEN WITH ATTENTION DEFICIT DISORDER by Sari Solden

THE JOURNAL OF BEST PRACTICES: A memoir of marriage, Asperger syndrome and one man's quest to be a better husband by David Finch

ALONE TOGETHER: Making an Asperger Marriage Work

### **ADULT ADOPTEES**

TWICE BORN: Memoirs of an adopted daughter by Betty Jean Lifton

CHASING AWAY THE SHADOWS: An adoptee's journey to motherhood by Zara Phillips

BEING ADOPTED: The lifelong search for self by David Brodzinsky, Marshall Schechter and Robin Marantz Henig

JOURNEY OF THE ADOPTED SELF: A quest for wholeness by Betty Jean Lifton

THE PRIMAL WOUND: Understanding the adopted child by Nancy Newton Verrier

COMING HOME TO SELF by Nancy Newton Verrier

BIRTH BOND REUNIONS BETWEEN BIRTHPARENTS AND ADOPTEES: What happens after by Judith Gediman and Linda Brown

ADOPTION HEALING...A path to recovery by Joe Soll

BIRTHRIGHT: The guide to search and reunion for adoptees, birthparents and adoptive parents by Jean Strauss

### **ADOPTIVE PARENTS AND POTENTIAL ADOPTIVE PARENTS**

CONQUERING INFERTILITY by Alice Domar

BEING ADOPTED: The lifelong search for self by David Brodzinsky, Marshall Schechter and Robin Marantz Henig

20 THING ADOPTIVE PARENTS NEED TO SUCCEED BY Sherrie Eldridge

GREAT ANSWERS TO DIFFICULT QUESTIONS ABOUT ADOPTION by Fanny Cohen Herlem

DEAR BIRTHMOTHER by Kathleen Silber and Phylis Speedlin

LOST & FOUND: The adoption experience by Betty Jean Lifton

BENEATH THE MASK: Understanding adopted teens by Debbie Riley with John Meeks

TWENTY THINGS ADOPTED KIDS WISH THEIR ADOPTIVE PARENTS KNEW by Sherrie Eldridge

### **BIRTHMOTHERS**

SOUL CONNECTION: A memoir of a birthmothers healing journey by Ann Hughes

ADOPTION HEALING: A path to recovery for mothers who lost children to adoption by Joe Soll and Karen Wilson Buterbaugh

THE SAME SMILE: The triumph of a mother's love after losing two daughters by Susan Mello Souza

BIRTHRIGHT: The guide to search and reunion for adoptees, birthparents and adoptive parents by Jean Strauss